

SUNAND SAMPATH

Professional Profile: Sunand Sampath



Sunand Sampath is a highly accomplished professional with a diverse background in Basic Life Support, Pre-Hospital Trauma Life Support, Disaster Management, Experiential Learning, Psychology, Organizational Development, and the Social Sector. His expertise spans training, leadership, experiential learning, community service, and adventure-based learning.

He is a recipient of the President's Medal for Meritorious Service and the Chief Minister's Gold Medal from the Government of Karnataka for exemplary service in community and disaster response—two of the highest recognitions for his dedication and impact.

Sunand is a certified Pre-Hospital Trauma Life Support (PHTLS) Instructor by NAEMT, USA, a Basic Life Support (BLS) Instructor and Advanced Cardiovascular Life Support (ACLS) Provider certified by the American Heart Association (AHA), USA. He also holds multiple certifications in Disaster Management from the Government of India (including NDRF, NIDM) and the Government of Karnataka (ATI, among others).

Apart from various other organizations, Sunand serves as an Instructor Facilitator and trainer with Karnataka Civil Defence, Corps a Guest Faculty with Karnataka State Fire and Emergency Services (KSFES), and the State Disaster Response Force (SDRF). He has also contributed as a faculty trainer in national-level Training of Trainers (ToT) programs under the Aapda Mitra initiative of the National Disaster Management Authority (NDMA), where he has trained faculty members and first responders. He was also a nodal officer for the recent Trainings offered by Ministry Of Home Affairs for Civil defence Volunteers In Karnataka In Disaster Management.

A passionate trainer and community leader, Sunand has conducted numerous programs across corporate, private, government, educational, and non-profit sectors. As a certified BLS Instructor, he has trained a wide range of individuals in life-saving skills. He also conducts fire safety, emergency response, and mock drill sessions for various institutions. His contributions as a Disaster Management Trainer and Civil Defence Instructor have significantly enhanced community preparedness.

He is also deeply passionate about the mental wellness of individuals and teams and conducts various sessions and initiatives in this domain.

Academically, Sunand holds a Bachelor's degree in Engineering and a Master of Science degree in Psychology. He is certified in Lean Manufacturing Processes and holds multiple certifications from prestigious institutions such as IITs and IIMs. He Holds various certifications In Organizational development, Management , Life skills

SUNAND SAMPATH

development etcHe is also a NEBOSH-certified Occupational Health and Safety Professional with international credentials and a certified POSH trainer.

His leadership and service have been further recognized with:

- Exemplary Contribution Award from the Indian Society for Training and Development (ISTD)

- Multiple commendation letters from senior government officials

Sunand has rich experience in designing and implementing training and experiential learning programs in leadership development, team-building, Faculty Development Programmes (FDP), interpersonal skills, and more. As a Neuro-Linguistic Programming (NLP) Coach, he brings psychological depth to his training methodologies.

A professional mountaineer, Sunand has led over 40 high-altitude expeditions across the globe and organized numerous local nature-based events. He specializes in adventure-based training programs and outbound learning workshops.

He also offers consulting services to social sector organizations, helping them achieve their mission and impact goals. Actively involved in Rotary, he has held several leadership roles and contributed to impactful community projects. As an art enthusiast, he supports and organizes events promoting both offbeat and traditional art forms.

A dedicated volunteer, Sunand has worked extensively with rural, tribal, and urban underprivileged communities, addressing diverse needs ranging from health and safety to education and emergency relief. He has served as a first responder in multiple disasters, including the COVID-19 pandemic, urban flooding, and floods in Mangalore.

He is also a Guest Faculty with the Indian Red Cross Society, contributing to various awareness and outreach programs.

As an Officer Commanding – Corpse Disposal Service and Division Warden in Karnataka Civil Defence Corps, he leads a team of dedicated wardens, guiding and directing them in community-based initiatives during emergencies as well as in peace time.

He is also actively involved in developing coaching initiatives aimed at enhancing campus-to-corporate transitions through targeted student mentoring and training.